



The Art of Ass Kicking

By Rick Mello

AUTHORHOUSE, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****. In this book Rick reveals his insights about coaches and boxers, his experience with people who think they know or new the sweet science, and the boxers he fought and trained since 1945. What he passes on is truly the art of ass kicking. From studying his idle Willie Pep feather weight champion too Ted Williams the greatest hitter that ever lived, what they had in common, the will to be the best. From Joe Lewis, Billy Conn, Rocky Marciano, Ray Robinson, Joe Fraser to trainers Whittie Burnstine, Bill Gore, Pete Mello and other great fighters and trainers just to mention a few. The knowledge they passed on, which Rick studied and also passes on.



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Reviews

It is fantastic and great. It is written in easy words and phrases instead of confusing. I am just delighted to explain how this is actually the best book I have got read through during my individual life and might be the finest publication for ever.

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