



Natural Remedies: How to Use the Power of Mother Nature to Heal and Protect Yourself

By Charity Wilson

Createspace, United States, 2015. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.Discover natural remedies to some of life s most common ailments.Natural Remedies For You Your FamilyPeppermint oil to soothe a sore throat, baking soda to calm a heartburn attack, and garlic for a bee sting, these are just a few examples of the many helpful natural remedies you ll find in Natural Remedies How To Use The Power Of Mother Nature To Heal And Protect Yourself. In the hustle and bustle of today s world, we tend to rely heavily on the quick fix of over the counter medicines and prescription drugs without giving what s in them a second thought. It s almost as if we, as a society, have had it ingrained in our minds that these typical medicines are what we have to choose in order for us to get over whatever is ailing us.Rarely do we question the antibiotic that may be doing more harm than good, or the drugstore antacid that has artificial flavorings and colors. And so it becomes a habit, making these traditional cures our form of go to for mostly...



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