



## Pagan Portals - Zen Druidry: Living a Natural Life, with Full Awareness

By Joanna Van Der Hoeven

John Hunt Publishing. Paperback. Book Condition: new. BRAND NEW, Pagan Portals - Zen Druidry: Living a Natural Life, with Full Awareness, Joanna Van Der Hoeven, Taking both Zen and Druidry and embracing them into your life can be a wonderful and ongoing process of discovery, not only of the self but of the entire world around you. Looking at ourselves and at the natural world around us, we realise that everything is in constant change and flux - like waves on the ocean, they are all part of one thing that is made up of everything. Even after the wave has crashed upon the shore, the ocean is still there, the wave is still there - it has merely changed its form. The aim of this text is to show how Zen teachings and Druidry can combine to create a peaceful life path that is completely and utterly dedicated to the here and now, to the earth and her rhythms, and to the flow that is life itself.

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